

# The Steading Café



## Autumn/Winter Menu

**At the Steading Café the emphasis is on fresh, locally sourced, free range and organic food. Our home baking is made with free-range eggs and organic flour. Tea, coffee, hot chocolate and sugar is Fairtrade.**

**Food is cooked from fresh by us and prepared to order so please allow a little more time and we are sure you will appreciate the results.**

**We always try our best to tailor the menu for those with food allergies or for specific tastes – just ask us.**

**The Steading can cater for private functions and private dinner parties in the evenings – and look out for special evening events throughout the year.**

The Steading is wheelchair accessible

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### **Breakfast** (served until 11.45)

Breakfast rolls:-	
Free-range egg (V)	£2.75
Bacon	£3.20
Mushrooms (V) (Vg)	£2.75
Free-range egg & bacon	£3.60
Free-range egg & mushroom (V)	£3.40

Toasted bagel or warm croissant (as available) served with a choice of:-	
Preserves & butter (V)	£1.50
Home cooked ham & Scottish cheddar cheese	£3.70
Mature Scottish cheddar or brie & red onion relish (V)	£3.60
Smoked salmon & cream cheese	£3.70
Toasted home made bread & butter (per slice) - preserves 25p extra(V)	£0.70

### **Lunches & Snacks** (served from 12 noon)

#### **Home Made Soup:**

Soup of the day with a choice of home made bread or home made oatcakes - See the blackboard for today's choice.

#### **Soup & Sandwich Special:**

£1 off the combined price of soup and a sandwich.

#### **Sandwiches:**

Deep-filled sandwich on a choice of homemade white or brown seeded bread served with dressed mixed salad:-

Home cooked ham with choice of hand-made chutney	£5.40
Hot smoked salmon with citrus mayonnaise or coriander chutney	£5.35
Tuna with citrus mayonnaise	£5.10
Mature Scottish cheddar with onion or hand-made chutney (V)	£5.00
Roasted seasonal veg with garlic & herbs (V)(Vg)	£5.00

### Open Toasted Sandwiches:

Toasted homemade bread open sandwich, finished in the oven & served with salad:-

Roasted seasonal veg with garlic & herbs (with or without mature cheddar) (V)(Vg)	£5.60
Mature Scottish cheddar & onion (V)	£5.60
Brie & caramelised red onion (V)	£5.60
Mature Scottish Cheddar & Ham	£5.60
Mature Scottish Cheddar & Tuna	£5.60

### Salad Bowls:

Large bowl of selection of salads with our own home made dressing and accompanied by a choice of home made bread or oatcakes.

Roasted seasonal veg with garlic & herbs (V)(Vg)	£6.45
Hot smoked salmon with citrus mayonnaise	£6.95
Home-cooked ham with choice of hand-made chutney	£6.95
Ploughman's: Selection of cheeses with apple & hand-made chutney (V)	£6.95

### Lunch Specials (from 12 noon to 3.00 pm)

#### Main Courses & Puddings:

Please see the board for today's specials.

#### Baked Potatoes

Served with salad & a choice of: Tuna & citrus mayo, mature Scottish cheddar (with or without onion), roasted seasonal veg with garlic & herbs, cheddar & ham.

£5.80

#### Side Orders:

Bowl of mixed salad (V)(Vg)	£2.70
Slice of home made bread & butter, or oatcakes	£0.70

### Children

We can serve most menu items as half portions at half price or:-

Children's lunch box: Includes a sandwich (cheese (V), tuna mayo or ham), fresh fruit, fruit yoghurt and glass of fresh juice or milk	£3.60
Macaroni cheese	£3.60

V = Vegetarian Option,  
Vg = can be served as a Vegan dish

### Home Baking

A wide selection of home-baked cakes, scones and tray bakes, made from organic flour and free-range eggs, is available throughout the day - please see the cake displays for today's choices.

#### Cream Tea:

Pot of tea, finger of home made shortbread and choice of scone with jam, butter and whipped cream (per person)	£3.95
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### Drinks

#### Hot Drinks:

Coffee (Organic and Fair Trade):-  
Cafetière of coffee or decaffeinated coffee (per person) £1.80  
Americano £1.70  
Espresso £1.35  
Double espresso £1.65  
Cappuccino £1.95  
Latte £1.95  
Mocha £2.10

Hot chocolate (Organic) £2.00  
with whipped cream and chocolate sprinkles £2.20

Teas (pot of tea per person):-

Breakfast Tea	£1.45
Earl Grey	£1.45
Choice of herbal teas and infusions (pot per person):	£1.45

#### Cold Drinks:

Still Scottish mineral water	250ml	£0.95
Sparkling Scottish mineral water:	250ml	£0.95
	1 litre	£2.55
Organic Lemonade		£1.65
Organic Elderflower pressé		£1.65
Luscombe Farm Organic		£1.95
Ginger beer		
Organic Blackcurrant or Lime cordial		£1.35
Coke or Diet Coke		£1.50
Fresh orange or apple juice (per glass)		£1.45
Glass of organic milk		£0.95
A range of organic & seasonal fruit drinks are available (ask for choices)		From £1.85